



100 REASONS NEVER TO BE BORED

by Maison de Pax

active

- Learn a new sport
- Hike a trail
- Ride a bike
- Throw a ball
- Swim
- Jump rope
- Play hide and seek
- Skate
- Play in a sprinkler
- Fly a kite
- Dance it out
- Play corn hole
- Have a water balloon fight
- Run relay races
- Do a nature scavenger hunt
- Play frisbee
- Play hopscotch
- Play horseshoes
- Play ladder toss
- Play giant Jenga
- Do cartwheels (or learn how!)
- Climb a tree
- Play capture the flag
- Have a shaving cream fight
- Take a walk

thoughtful

- Invite a new friend over
- Call your grandparents just to chat
- Make cookies for someone
- Make dinner for mom
- Write a story
- Make a card for someone and mail it
- Plant flowers
- Read a new book
- Reread an old favorite book
- Watch a sunset
- Help someone with a project
- Clean up someone else's mess
- Donate toys
- Donate books
- Donate clothes
- Read some poetry
- Draw a picture and mail it to someone
- Make a wildflower bouquet for someone
- Play a strategy game
- Make a Father's Day gift
- Keep a nature journal
- Host a BBQ for friends
- Do a puzzle with someone
- Wash a car
- Organize your room

at home

- Eat popsicles outside
- Draw a sidewalk chalk city
- Make a bug collection
- Build a fort
- Put on a concert for your family
- Make and race paper airplanes
- Make and float paper boats
- Try a new type of food
- Play Twister
- Make smoothies
- Do an indoor scavenger hunt
- Play a board game
- Build something with wood
- Have an indoor picnic
- Learn a new card game
- Camp in the backyard
- Blow bubbles
- Have a board game tournament
- Camp out inside
- Paint something
- Eat smores
- Look at the stars
- Hunt for cloud animals
- Put on a play
- Have a treasure hunt

elsewhere

- Visit relatives
- Swim in a lake or river
- Go fishing
- Volunteer somewhere
- Visit the library
- Go to a baseball game
- Enjoy a bonfire
- Collect seashells
- Eat snow cones outside
- Eat from a food truck
- Go to the movies
- Go somewhere you've never been
- Visit a museum
- Go bowling
- See the ocean
- Picnic at the park
- Visit a splashpad
- Feed some ducks
- Listen to an outdoor concert
- Watch fireworks
- Try a new restaurant
- Go to the zoo
- Build a sand castle
- Go to a park
- Try a new ice cream shop